

Voiding the Victim Consciousness



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Socrates, according to the records, stated: “You will have power or you will have happiness. You will not have both.” From their direct experience, many people today have discovered this to be perfectly true; that is, true in the outer world of material living and political vying for power.

From the inner, spiritual perspective, however, quite the opposite is true: empowering oneself and using that power creatively and wisely will in fact develop and enhance happiness.

Today, the problem of “victim consciousness” is among the prime reasons for our social ills, responsible for much personal and societal misery, from individual depression and suicidal thinking to violence and murder on our streets and in our schools. True, many people in various parts of the world, including some parts of America, live in depressing and underprivileged conditions. True, many people do not have access to the information and knowledge that can help them move out of those conditions. Equally true is the sad fact that altogether too many of those very same people resist changes of thinking that would lead to solutions to their problems, which would move them into new circumstances. This is clearly illustrated in the various religious and ideologically-based conflicts and wars constantly disrupting our planetary peace. Many of these unfortunate people seem condemned to live out their brief existence without experiencing liberating change.

However, the educated world citizen lives in other, more hopeful circumstances. Once the desire for change becomes a driving force, information—intellectual and spiritual knowledge of truth—cataracts into consciousness, a torrent of new ideas and focus, with the potential of becoming a sea of enlightenment. The prime key to moving out of destructive “victim thinking” is simple. The prime key is the fundamental golden thread of all world spiritual traditions, captured in the innocent-looking but powerful instruction: “look within.”

Humbly “looking within” brings about a remarkable shift in perception: the outer world loses its stranglehold as focus shifts from viewing this world of effects as “reality” to recognizing it for what it is: the expression of concepts, ideas and desires that originate within the centering mind of creative thinkers. This dawning upon consciousness that “all the world is a stage” and that what we view in the external world is simply the “effect” of individual and collective thinking brought into form through action

is a complete revelation and powerful turning point for the victim of “victim consciousness.” The dawning upon consciousness that “reality” lies within, and that idea, knowing, and thinking provide one with the means for co-creating one’s life—personal, family, community and global—is emancipating, inspiring, and empowering.

The first step in personal empowerment is realized: We must recollect “who we are” and realize our personal responsibility. When this realization comes, like a spectacular sunrise announcing the advent of a new and exciting day, a common reaction is to rush in and out of dozens of varieties of the many “new age” spiritual, and psychic, emotionally-high cartels, basking in the joy of the sunshine of new thinking and enjoying the emotional “hype” of experiencing the world’s colorful array of seductive varieties of “spiritual” channels. This “search” certainly has its place, and is an illuminating step along the way. However, very often, after some time spent in this pursuit, the question still remains: “I am no longer a victim, but in this glorious new world, exactly what is my own personal purpose and meaning in life? Who and what am I? In spite of all my interaction spiritually, my own life remains little changed, somewhat static. What is my specific ‘purpose’ in life, and how do I accomplish, along with personal transformation, action that will be transformational for my community and the world?”

The answer is contained within the question. What are these questions but focus on intent? And focus on intent is the second step in self-empowerment, the means by which power may be “collected” for effective use. Now, it sometimes happens that those who enroll in an intense spiritual search become so confined to “listening to spirit” and to acting from the new and exciting “psychic” elements influential in their lives, that they seem to actually have put their own native intelligence and their intellectual discipline on “hold”, or in some cases even “out to lunch”. There is no doubt a time for balancing the spiritual with the intellectual, but at this stage of personal empowerment, when one undertakes looking beyond ones own transformation to action for the world at large, total focus on intent requires rigorous thinking based on spiritually-centered, intellectual comprehension followed by intelligent action.

Many well-intentioned people simply do not recognize the power within their own intelligence. Instead of relying on that innate intelligence for what it is—one’s personal connection with Universal Intelligence, they give away their power, searching for “directions for daily living”

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through numerous time-consuming, possibly misleading or even, sometimes, deceptive channels: daily advice from astrologers; the warnings of neighborhood (often self-styled) psychics; advice channeled from St. Michael, or the angel Gabriel, or other such very busy “voices from other dimensions”; advice from friends or neighbors (who can’t possibly know the complete picture as well as the person themselves, no matter how well meaning); over-reliance on a particular guru. Or perhaps they simply “wait to see what turns up”, which of course will be very little, since they have not generated action through focused thinking. Not that such searches may not provide interesting considerations, but if one is truly desiring to develop personal empowerment, these will all be placed where they belong: at the very least, secondary to the use of one’s own spiritually guided, intellectually rigorous thinking and the disciplined use of one’s innate intelligence.

Recognizing these principles of “recollecting” the Source of our power as coming from within, from our own connection with the centering Mind of Creation, and “collecting” power through focused intent, leads then to the question of powerful “delivery”, the action one must take to fulfill one’s desired and designed purpose. It is true that once one discovers the “creative process”, which holds as true throughout all nature and the cosmos as in the world of human endeavor, results are often quite instantly spectacular. However, sometimes people become discouraged with their seeming lack of demonstration in practice. The fact is, however, that the process itself must become habitual. Contrary to the common misconception that genius is an “accident of birth”, it requires discipline and practice to “unfold the genius within”, which is exactly what one is doing when seeking to become a powerful expression for the betterment of world culture and cosmic knowing. The development of personal co-creative power, of creativity and genius in any sphere of our many-faceted lives is a great adventure, which requires dedication and commitment. The key to success in building towards a powerful delivery of one’s creative idea lies, of course, in the balance between intensely focused concentration and the relaxation of that tension through decentration—commonly called meditation. When one’s commitment is to powerfully completing a goal, be it a business transaction, an artistic creation, improved family relations, or a project for world betterment, those periods of decentration and meditation can as well be centered in that purpose, creating by means of such quiet interludes the receptive conditions in which inspiration for “the next step” of

one’s plans for action become clear, through those flashes of inspiration which lead to further effective thinking and action.

Of course, careful consideration must be given to the nature of the power we wish to exercise, for we insist not only upon success, but upon long-term, lasting success. Therefore, the exercise of our creative power must be based on balanced thinking and action, wisely controlled through our dedicated intent to enrich the world, whether in a small local manner or through a far-reaching global endeavor.

The concept is clear in mind, energy has been focused on thinking through the exact details of delivering the creative idea to the world that it may serve our intended purpose.

At this stage, “work” is required, provided carefully and with love, truth, and accuracy to express the power that is ours as a creative source and co-creator with Universal Source. Patience is required to see the necessary sequence, requiring the element of “time”, to concretely develop the creative project into manifestation in the visible world of physical form and personal interaction.

This work may be done effortlessly and without fatigue when one recognizes the following truth: Work must be performed in order to express power, but the power that we express is not in the body. The power that we express is in the still fulcrum of the centering thinking, knowing Intelligence from which the desire and concept originated. The energy, the power for achievement, is a quality of Mind.

“I stand on the electrodes of the universe of energy,” is not simply a mystical expression or an inspirational “self-help” affirmation. It is actually an observable, workable fact. Put the process for creating personal power through recollection, collection, and delivery into practice. You may already be using it, and already know the seeming magic of enhanced personal empowerment. If the process is new to your thinking, you will be amazed at the increase you will find in your creative power as you concentrate on developing your inherent genius for the purposes of your enhanced personal happiness and your unique contribution to the building of global peace, harmony, and prosperity.

